



## **Esthetics Aftercare**

1. Immediately after the treatment, there may be mild redness or other discoloration, tingling, frosting, bruising, sloughing, break-outs, swelling, and/or tightening, as well as headaches, blistering, itching, discomfort, and/or discoloration. There are normal side effects and may last 14 days or longer after your treatment. To alleviate discomfort, use a cold compress, aloe Vera gel, or usual pain-relieving methods. Having no side effects is also normal.
2. Your skin may slough. Don't pick or pull, as this will lead to infection and scarring. Gently pat with water to the sloughing skin and it will fall off.
3. Do not have a facial, chemical peel, microdermabrasion, injectable (like Botox or Juvederm) or laser treatment for up to two weeks following an esthetics treatment. In some cases, you can have a laser treatment prior to your esthetics treatment with the consent of a Smooth Skin Centers' laser technician or esthetician.
4. Do not use Retin-A or glycolic acid for 48 hours after your treatment.
5. Use of sun block rated at 15 SPF or higher is recommended for two weeks after your service.
6. You may shower after your treatment, using mild soap and warm water. Pat the skin dry.
7. Chemical peels can lighten hyper pigmented skin, I acknowledge that there is NO GUARANTEE that dark discoloration of the skin will be reduced or faded. Your face may temporarily develop uneven color, especially if I have uneven color before the peel.
8. Makeup and moisturizer may be used after the esthetics treatment, if the skin is not too irritated. Pat the skin - do not rub.
9. There is a possibility for allergic reactions to the products put on your skin. Benadryl and other OTC remedies can be used sparingly.
10. If you are prone to cold sores around the mouth, you may need to use anti-viral medication before the service, as any sort of exfoliation may exacerbate the herpes virus
11. Additional injections at the area of concern may be necessary for optimal results. The biggest reason people are dissatisfied with their esthetics treatment is because they don't do enough treatments. Please follow the recommendation of your esthetician for optimal results.
12. It may take up to four weeks for the treatment to take full effect. Feel free to contact our office after three weeks if no results can be seen. You may need additional treatments. There will be an additional charge for this additional treatment or services.
13. We do not issue refunds for unused or unwanted products or procedures, or for treatments or services you have already received. If you are late to or miss an appointment, you will be responsible for paying for your treatment and may forfeit your deposit.

**If you have any questions or concerns, please call 303-750-3100.**