



Post Laser Aftercare

1. Immediately after your laser treatment, there may be mild redness and slight swelling, and the area treatment may feel like a sunburn. This is normal and may last up to 14 days or longer after the treatment. To alleviate discomfort, follow the directions provided by Smooth Skin Centers. No reaction is also normal. Resist strenuous exercise for a last three days after your treatment.
2. If you had a treatment on your face or legs, we suggest you sleep with the treated area(s) elevated on extra pillow for a few days after your treatment to reduce swelling.
3. Use of sun block rated at least 15 SPF or higher is recommended on any areas that were treated by the laser and are exposed to the sun.
4. Do not use Retin-A or Accutane during your laser process. Any of these could inhibit the effectiveness of your treatments and lead to possible negative side effects.
5. Do not exfoliate, use drying astringents, scrubs, or alpha- or beta-hydroxy acids on the treated area while it is healing.
6. You may shower after your laser treatment, using mild soap and water. Pat the skin dry.
7. Makeup may be used after your treatment, if the skin is not too irritated. If the skin is crusted or scabbed, we recommend that you refrain from applying makeup on the area to reduce risk of infection.
8. If you had **age spots, veins, rosacea, acne, scars** or **tattoos** treated, they may be bruised, red, and/or swollen. This is normal. If you r leg veins were treated, wear compression stockings or an Ace Bandage for the first 72 hours following the procedure, and then when you are on your feet during the next two weeks. Follow your technician's recommendations for best results. Keep the area treated clean and dry.
9. If you had a treatment for **age spots, veins, rosacea, acne, scars, or tattoo removal**, there may be bruising that could last for four weeks or longer. This is normal. To alleviate discomfort, follow your technician's recommendations for best results.
10. If you had a **age spots, veins, rosacea, acne, scar** or **tattoo removal treatment**, crusting or scabbing may form over the treated area. This is normal and can last up to four weeks or longer. Allow the spots to dry out so a scab can form, then avoid picking or scratching while it is healing to avoid scarring and infection.
11. Additional treatments may be necessary for best results.
12. If you have an appointment scheduled, we require at least a 24-hour notice if you need to cancel or change your appointment. Without this notice, there will be a financial penalty.
13. Side effects may occur, such as scarring, burns, blistering, or extended healing time, especially if you fail to follow these instructions. PLEASE contact us with any concerns ASAP. Please allow us to make recommendations for treatment before you seek outside advice.
14. We make no promises about predicted results, outcomes, or expectations. We do not issue refunds for unused or unwanted procedures, or for procedures for which you've already received.

If you have any questions or concerns, please contact us at 303-750-3100.