



Post Laser Hair Removal Aftercare

1. Immediately after your laser treatment, there may be mild redness and slight swelling, and the area treatment may feel like a sunburn. This is normal and may last up to 14 days or longer after the treatment. To alleviate discomfort, follow the directions provided by Smooth Skin Centers. No reaction is also normal.
2. Use of sun block rated at least 15 SPF or higher is recommended on any areas that were treated by the laser and are exposed to the sun.
3. Do not wax, pluck or use Retin-A or Accutane during your laser processes. Any of these could inhibit the effectiveness of your treatments and lead to possible negative side effects.
4. Do not exfoliate, use drying astringents, scrubs, or alpha- or beta-hydroxy acids on the treated area while it is healing if your skin is sensitive or has had a reaction to the laser treatment.
5. You may shower after your laser treatment, using mild soap and water. Pat the skin dry. Make sure to keep the treated areas well moisturized.
6. Makeup, deodorant, and lotion may be used after your treatment, if the skin is not too irritated. If the skin is crusted or scabbed, we recommend that you refrain from applying products on the area to reduce risk of infection.
7. During the next two weeks, you may notice hair growing from the area that was lasered. This is normal and expected. The hair you see is working its way out of the skin. The laser did not destroy the hair in the skin, but it disconnected the blood supply feeding the root of the hair. You may experience shedding, and this is normal. You may also not notice any hair growth, and this is also normal. Within four to eight weeks, you will probably notice a new cycle of hair sprouting from the area lasered. This is new hair in a new hair growth cycle, and it means it's time for another laser treatment. Additional treatments may be necessary for best results.
8. If you have a future appointment scheduled, we require at least a 24-hour notice if you need to cancel or change your appointment. Without this notice, there will be a financial penalty.
9. Side effects may occur, such as scarring, burns, blistering, or extended healing time, especially if you fail to follow these instructions. PLEASE contact us with any concerns ASAP. Please allow us to make recommendations for treatment before you seek outside advice.
10. We make no promises about predicted results, outcomes, or expectations. We do not issue refunds for unused or unwanted procedures, or for procedures for which you've already received.

If you have any questions or concerns, please contact us at 303-750-3100.